



**BOYS & GIRLS CLUBS  
OF AMERICA**

**Fact Sheet: Power Hour: Making Minutes Count**

- GOAL:** To help young people develop academic, behavioral and social skills through homework completion.
- WHY:** BGCA's five-year strategic plan, Impact 2012, seeks to positively affect the lives of Club members by emphasizing outcomes that help ensure academic success. When Boys & Girls Clubs offer extended learning opportunities and educational enrichment programming during the non-school hours, they help improve young people's academic performance and encourage them to graduate from high school, pursue a post-secondary education and develop a lifelong love of learning. Homework completion is a critical component of young people's academic success.
- WHO:** Boys & Girls Club members ages 6 to 18
- WHAT:** **Power Hour: Making Minutes Count** provides Club professionals with strategies, activities, resources and information that address:

- How to conduct engaging homework help programs for Club members in elementary, middle and high school
- How to implement a one-on-one tutoring program for all ages
- Research strategies for teens
- Strategies to make homework fun
- Recognition and incentive strategies, tips and a poster for tracking progress
- Behavior management
- Volunteer recruitment and training
- Collaboration with outside institutions
- Scheduling considerations
- Philosophy and purpose of homework help in a Boys & Girls Club
- Character development through homework completion
- Homework help and tutoring with hard-to-reach youth
- Integration of technology and the Internet in Power Hour
- Supplemental activities
- Sample funding proposal
- Other free or low-cost resources
- Promising Club practices

With generous funding from Charity Projects Entertainment Fund (CPEF)/Idol Gives Back, BGCA is providing grants to 180 Clubs in communities with high poverty rates to help low-income youth achieve their academic potential.

**WEB SITE:** [www.bgca.net/Programs/Education & Career Development](http://www.bgca.net/Programs/Education & Career Development)

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